

Dominion Energy Riverrock Adventure Race Letter #2

Sent 5.13.2021

To see the first letter sent to racers visit:

<https://www.riverrockrva.com/wp-content/uploads/2021/04/Adventure-Race-letter-1-4.30.pdf>

WEATHER

So far the weather looks great for race day (low 50's to mid-70's) and partly cloudy.

PACKET PICK-UP

Packets must be picked up Sunday, May 16 from 7:30 a.m. to 8:30 a.m. at Dorey Park (2999 Darbytown Rd, Henrico, VA 23231) - Picnic Shelter #3, located next to the pond. Follow the park road all the way to the end to the last parking lot (see park map below).

You MUST wear your mask during check-in/number pick-up, but you do not have to wear them during the race, although we strongly encourage to wear them at the TAs.

As soon as you check in you'll get a set of maps, so the sooner you get there the more time you'll have to study the course. Then, we'll have a race briefing around 8:35-8:40 AM and you'll have a chance to ask any questions about the race.

COURSE

We have tested the course and these are the final distances if you decide to go for all the CPs.

Paddle: 3 miles

Bike: 18-20 miles

Trek: 11 miles

In the race booklet we'll also be providing some time guidance for those new to the sport, so you can have a better idea on how much time to spend in each section and have more fun. For the trekking sections we highly recommend that you cover your legs, there are a lot of thorns out there, but not so much poison ivy.

MANDATORY GEAR

We will not go through your mandatory gear before the race start; but along the course our race staff will be checking some items. So, before you leave your house/hotel, go through the list of gear and make sure you have everything. Teams/individuals will be penalized for any

mandatory equipment missing, and in the case of some safety gear (like helmets) you'll not be allowed to continue without it. Mountain bikes are mandatory (no road or cyclocross bikes allowed).

All mandatory gear is still mandatory. Depending on weather on race day we might drop something and not have to carry it.

Check the website for a full listing of mandatory gear:

<https://www.riverrockrva.com/events/adventure-race/> (and scroll to the bottom of the page).

FOOD AND WATER

At some of the TAs along the course we'll have water/sports drinks so, you'll be able to fill up your water bottles/camelbacks. Also, you'll find 1 store along the way. However, we highly recommend to be self-sufficient (fluid-wise) for the at least 1 hour at a time.

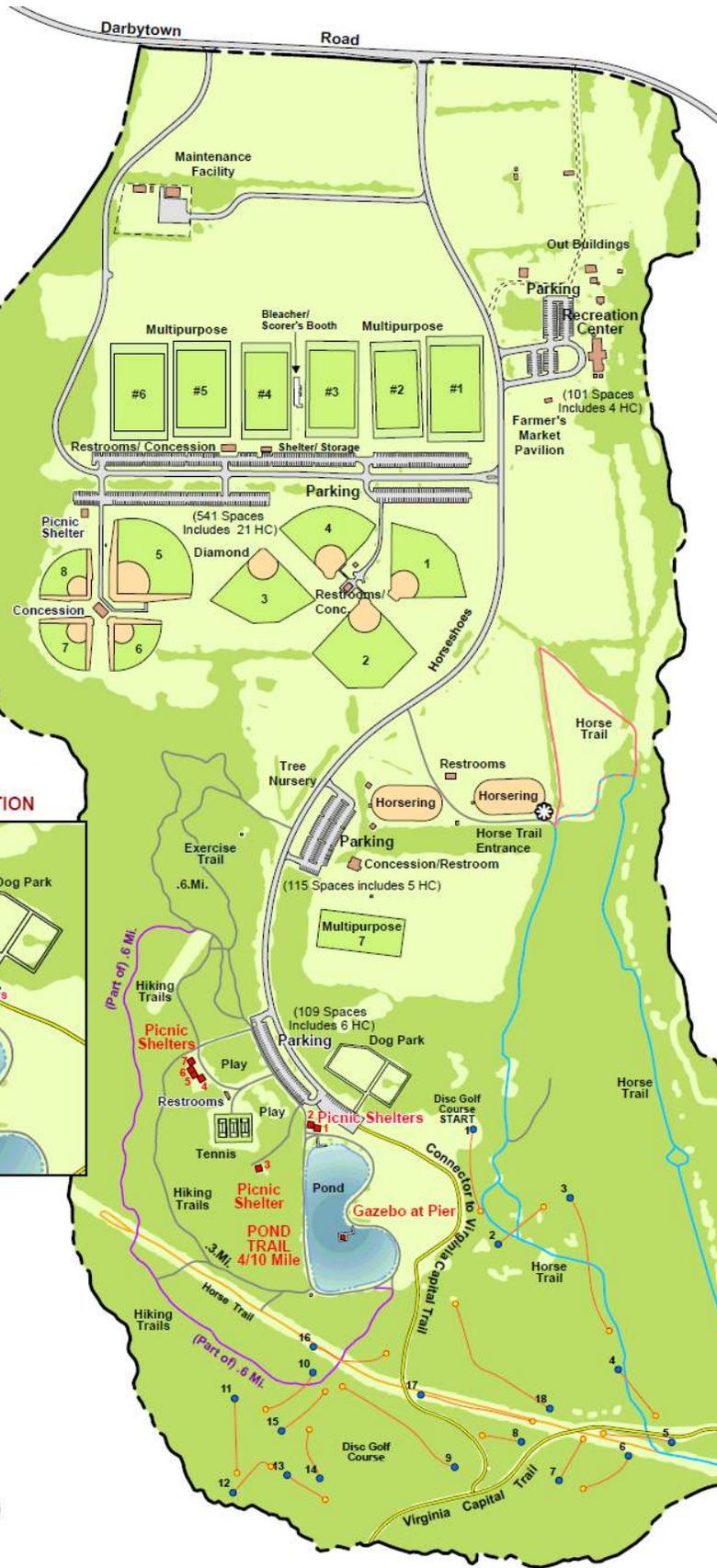
PADDLE SECTION

As a reminder, you'll be paddling in flat water (no rapids). We are providing boats, paddles and PFDs. Solo racers get a kayak with a double blade paddle, 2 and 3 person teams get a canoe and single blade paddles and 4 person teams get 2 canoes and single blade paddles. If you want to bring your own paddles and/or PFDs you can, but you'll have to ride with them (we will not transport them to the paddle section). For 3 person teams, the canoes do not have a middle seat, so we are offering the option for those teams to bring a middle seat to check in and we'll transport it for you to the paddle section and then back to the finish line.

If you have any questions do not hesitate to e-mail us at:

2asrardominionr@gmail.com

Dorey Park



SHELTERS & GAZEBO AVAILABLE FOR RESERVATION



Disc Golf - Legend



Horse Trail Legend

- Red Trail: .4 Mi.
- Blue Trail: 1.5 Mi.
- Orange Trail: 1.3 Mi.

