



ADVENTURE RACE NEWSLETTER #2

SENT: May 18, 2017

Dear racers,

We just finished the last details of the course and we hope you will enjoy what we have prepared for you. In preparation for race day we would like to reinforce some key information and bring to your attention some new items. So, read closely.

- 1) Race packet pick-up is Sunday, May 21 from 7:30 AM to 9:30 AM as it shows on the website. This will take place under the tent in the Historic Tredegar courtyard. **We need at least one member per team to check-in on Sunday.**
- 2) There will be no gear drop-off when you come to packet pick-up. When you check-in you will be given directions on your bike and bike gear drop-off. It should take you approximately 30 minutes to get to the drop-off point, leave your gear and come back to the packet pick-up area. At the drop-off area please follow the directions of the volunteers.
- 3) We will begin handing out maps and race booklets at 10:15 AM and the pre-race meeting will begin at 10:40 AM. So plan to be at the check-in area after you drop your bikes by 10:15 AM to get your maps and race booklet.
- 4) When you get your maps and race booklet on Sunday morning, **READ THE RACE BOOKLET!!! READ THE CLUES OF EACH CP!!!** These are probably two of the most important things during the adventure race. Spend a few minutes going through the race booklet and description of CPs. All you need to know is there, along with some very important details.
- 5) During the race, once you get on the bikes you'll not be getting back to that TA, so whatever you drop-off with your bike you'll have to carry it with you for the rest of the race.
- 6) Please, read the participant letter that was sent on April 26th. You can also find it on the website of the race by clicking [HERE](#).
- 7) Remember to stage all your team's equipment together at the transition areas.
- 8) Boats and paddle gear are provided. Do NOT bring your own gear for the paddle section.
- 9) Some definitions:

TA: transition area

CP: checkpoint

- 10) When you get to a CP with a flag, please use the punch to mark your passport. You do not have to take the flag with you ☺
- 11) The forecast, so far, calls for temperatures in the upper-70s to a high of 80F, and mostly cloudy. Anyway, that's today and all we can guarantee is that WEATHER will happen.
- 12) At some of the TAs along the course we'll have water/sports drinks so you'll be able to fill up your water bottles/camelbacks. Also, you'll find some stores along the way. However, plan on being self-sufficient (fluid-wise) for at least 2 hours at a time.
- 13) We can guarantee you that bugs and poison ivy (lots of it) are out there, so prepare accordingly.

If you have any questions send us an e-mail at: 2asrardominionR@gmail.com

Finally, if you have any issues on Sunday (cannot make it to packet pick-up on time) or have any questions please call Daniel at 804 212 4251. I'm not sure if I will be able to see e-mails on Sunday morning as I will be out there ☺ This phone is also good for race day, so put it in your phone that you'll bring while racing.